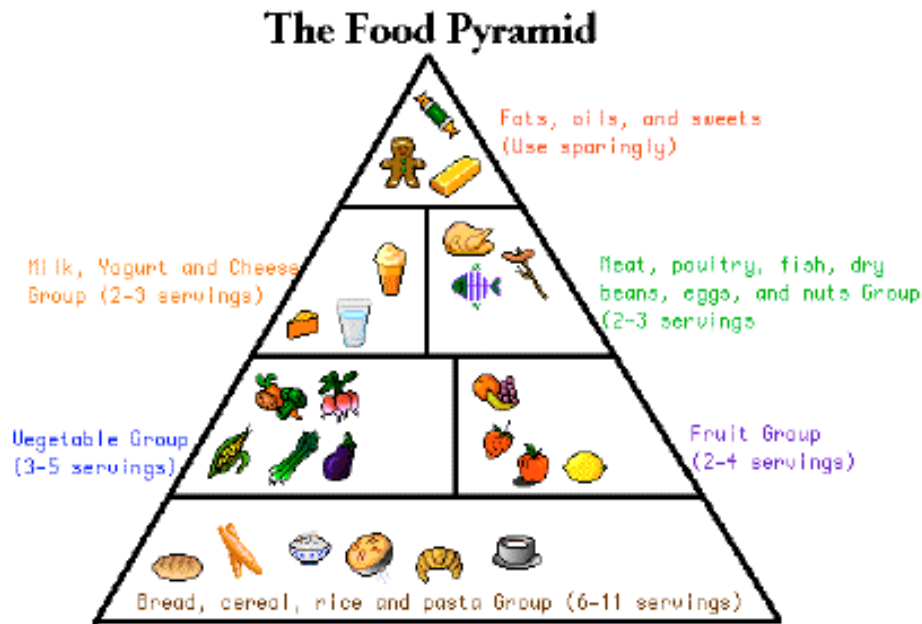


PIP 5th Grade Market Math Mania "At Home" Activity

Healthy Meal Planning and Budgeting

Now you can plan a healthy meal at home for your family...



Names

Use the Roche Bros store flier to plan and find out the cost of a dinner that you plan for your family (as a smart shopper, you can take advantage of weekly store specials!). Remember to use the food pyramid to plan a balanced meal.

Item	Name of item	Quantity	Cost per item	Total cost of item
Appetizer				
Bread/ Cereal/Pasta				
Meat/Fish/ Poultry/Eggs				
Vegetable				
Fruit				
Beverage				
Dessert				

My estimate for the total cost of this meal is: \$_____.

The **actual** cost of this meal is \$_____.